



GFWC MISSOURI CLUBWOMAN NEWSLETTER



MEMBER GENERAL FEDERATION OF WOMEN'S CLUBS

MARCH 2023

Volume 80, Number 14

COMING EVENTS

GFWC MO Spring Convention
Drury Plaza Convention Center
Cape Girardeau
April 20-23, 2023

Sophomore Pilgrimage
Jefferson City
April 11, 2023

MVR: Stone Castle Convention Center
Branson, MO
September 14-17

2023 GFWC International Convention
Marriott Downtown Louisville, KY
June 10-12

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Greetings from your GFWC Missouri President:



What beautiful weather we have had the last two weeks!!!! I hope the blustery and cold winter days are past us. As spring quickly approaches, GFWC ladies can focus on more activities outside than inside. My, we have a lot of events taking place soon.

As you are planning spring meetings and activities, please continue to seek and invite new members to your clubs. We have gained 58 new members since last spring. Our total membership has increased to 1,025 members across Missouri. Congratulations, ladies, for making GFWC sparkle and shine!

Sophomore Pilgrimage will be Tuesday, April 11. Our members have been working hard to plan an enjoyable and educational meeting for this elite group of high school sophomores.

The 2023 Spring Convention will be at the Drury Convention Center in Cape Girardeau on April 20-23. Your GFWC MO Executive Committee is working on a great convention that will be informative and fun at the same time. Please get your reservations in before the **March 23 deadline**. The Ohio Valley Conference is holding a golf tournament the same weekend we are in Cape. (We were booked first.) Any extra rooms that we don't use in the block will be reserved quickly with this golf tournament. Congratulations to Tamara Miller for winning a free registration to the convention and to Kelsey Fitzgerald winning the banquet meal. After compiling the survey responses, I hope that you will see some changes to our state convention. We want these meetings to be fun and beneficial to you and your clubs.

The GFWC International Convention will be in Louisville, KY on June 10-12. The convention will be held at the Louisville Marriott. This convention is fairly close to many of our clubs. The GFWC always has great speakers and programs for us. Many affiliates have booths set up. Check your calendars to see if you can attend.

Mississippi Valley Region Convention will be right around the corner in September. We will be hosting the convention this year. The dates are September 14-17 at the Stone Castle Convention Center.

See you soon.

Amy Boone
GFWC MO State President

Hello my fellow GFWC members. The topic of this article will be fun ways to say thanks to GFWC members. There are times you would like to thank a fellow member and are just not sure how without spending too much or just giving another certificate. Hope these ideas help you and make your recipient feel appreciated and smile all at the same time.

1. I always know that it's in the bag when you're helping. Thank you. (Write your thanks on a brown lunch bag tied with a ribbon. You can fill the bag with candy or anything, the options are endless.)
2. Thanks for your ideas – they're always red hot! (Write your message in red ink, attach to Red Hot candies, Red-Hot gum, or a jar of hot salsa.)
3. Thanks for always helping to make sure that everything runs smoothly and doesn't blow up. (Attach a Blow Pop sucker.)
4. Thanks for your help. Your presence always lights up the day! (Attach to a flashlight or candle.)
5. You will always have a special place in my heart for all you do. Thanks. (Write a message on a heart-shaped paper and attach it to a heart cookie, heart-shaped candy, or anything heart-shaped.)
6. You're an angel. Thanks! (Attach it to any kind of angel.)
7. Thanks for helping on the project – you really came to the rescue! (Attach to a small first aid kit or a band-aid.)
8. Thanks for all your hard work. You're always there to keep us out of jams. (Attach to a jar of jam.)
9. Your help was really appreciated. You're a real-life saver. (Attach message to a pack of life saver's candy or a pool floatie.)
10. Yoo-hoo! Thanks for your help. It came at the right time. (Attach to a bottle or can of Yoo-Hoo drink.)
11. You're soup-err! Thanks for all you do for the club! (Attach a can of soup or a cookbook of soup recipes.)
12. Thanks for volunteering! Your plans fit the needs to a tea. (Tie the message to a tea bag.)
13. Thanks for all the time you give to the club. (Attach to a tiny potted thyme plant or seasoning.)
14. Thanks for volunteering; you always give a big boost to any project. (Use a rocket of some sort.)
15. Hugs and kisses from all of us for all that you do. (Wrap up several Hershey's kisses and hugs in plastic wrap, tie with ribbon and attach message.)
16. Thanks for your help. You're at the top of the list of the good guys. (Attach a message to a long skinny memo pad or white cowboy hat.)
17. Thanks for your work. It was top hat! (Tie the message to a glittered top hat.)

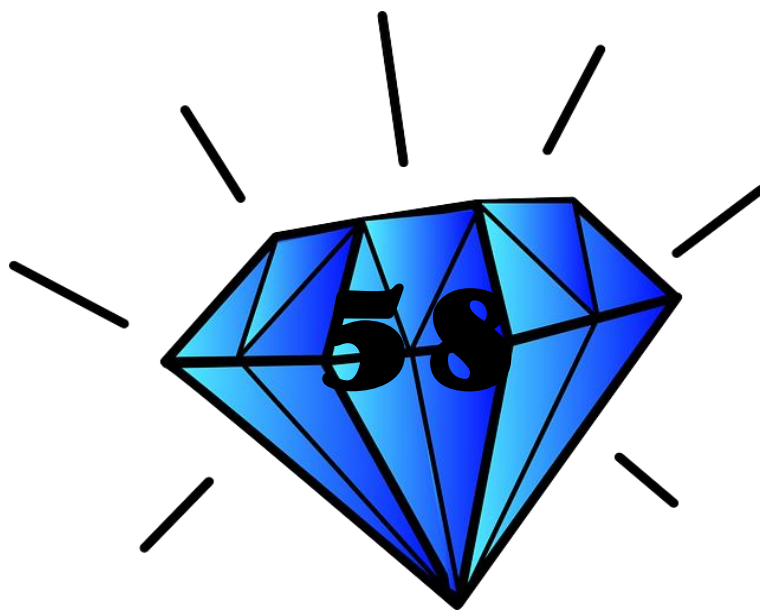
18. Thanks for always giving a hand to help our club. (Obtain clear, plastic gloves. Fill the glove with jellybeans and tie it with ribbon.)
19. You always know the recipe for success. (Attach to a recipe card or cookbook.)
20. Thanks for being in our club-you color our world and make it brighter and better. (Attach a box of crayons.)
21. I was puzzled about what to do until you offered to help. Thanks so much! (Attach a puzzle.)
22. You never duck out of work. Thanks for all that you do to help. (Attach to a rubber duck.)
23. It was our lucky day when you became a member. (Attach to a box of Lucky Charms cereal.)

There are so many other fun ways to thank or recognize a member besides these, no matter how you do it that is up to you, just do it. Recognizing your fellow members can go a long way to retaining these members and making them feel appreciated and recognized.

Sandie Neal
GFWCMC
President Elect
Membership Chairman



NEW



MEMBERS

EXECUTIVE COMMITTEE SPOTLIGHT

My name is Jennifer Morrison, and I am currently serving as the Corresponding Secretary for the GFWC Missouri for the 2022-2024.

I was born and raised in a small northwest town called Lathrop, where I just happen to be the Mayor. My husband, Rustin, and I have one daughter, MaKayla. I am very active in the lives of my 14 nieces and nephews, and they keep me going to all their events.

I stay busy as a substitute teacher. I am active in many organizations. My husband says I don't know what the word "NO" means. I am the President of the Lathrop GFWC Study Club, 1st District President, and 1st District Sophomore Pilgrimage Chairman.

I love to travel, and the beaches are always calling my name.



Jennifer Morrison
GFWC MO Corresponding Secretary

GFWC MO PRESIDENT'S PROJECT SUPPORTING ST. JUDE CHILDREN'S HOSPITAL

GFWC MO Wagon of Hope Campaign is moving forward rapidly. We have raised our goal to \$10,000. At the present time, we have had donations in the amount of **\$6,121**. I want to thank clubs or members who have donated. Our donations help families through this difficult time. To reach this page, follow the directions below. If you prefer to pay by check, make checks PAYABLE to St. Jude and mail to Amy Boone; Box 85 Braggadocio, MO 63826. If you have questions, please contact me. Michelle and Reid will be speaking at the state convention.

LITTLE RED WAGONS OF HOPE

1. Load: <http://events.stjude.org/WagonsofHope>
2. Select: Donation Amount
3. Select: Form of Payment: Choices will be credit card or PayPal.
4. Fill-in Appropriate Information
5. Select: Donation



Reid Russell, Pam Carr's grandson, is a St. Jude patient. On the left is Reid beginning his journey at St. Jude and on the right is Reid today. Pam is our GFWC MO Advocates for Children Chairman.

PARLIAMENTARY PROCEDURE BASICS

How Do I Present My Motion?

Much of this information is probably review for many of you, but it is so important to know these basics and put them into practice.

1. You obtain the floor
 - Wait until the previous speaker is finished
 - Rise and address the chair. Say, “Madam President, ...”
 - Give your name. The chair will recognize you by repeating it.
2. You make your motion
 - Speak clearly and concisely.
 - State your motion affirmatively. Say, “I move that we do...” instead of “I move that we do not...”
3. You wait for a second
 - Another member will say, “I second the motion.”
 - Or, the Chair will call for a second.
 - If there is no second, your motion will not be considered.
4. The Chair states your motion
 - The chair must say, “It is moved and seconded that we...”
 - After this happens, debate or voting can occur.
 - Your motion is now “assembly property,” and you can’t change it without consent of the members.
5. You expand on your motion
 - You are allowed to speak first as the person who made the motion.
 - Direct all comments to the chair.
 - Keep to the time limit for speaking.
 - You may speak again after all other speakers are finished.
6. The Chair puts the question
 - The Chair asks, “Are you ready for the question?” or “Is there any further debate?”
 - If there is no more debate, or if a motion to stop the debate is adopted, a vote is taken.
 - The Chair announces the results.

Copied from *The a-b-c’s of Parliamentary Procedure* published by Channing Bete Company.

Susan Gettys
GFWC MC Parliamentary Advisor

MISSOURI'S BICENTENNIAL QUILT AND BICENTENNIAL MURAL FIND PERMANENT HOMES

Yes, our State's 200th Anniversary was in 2021, but two of the artistic commemorations that honored the occasion - A Bicentennial Quilt and a Bicentennial Mural - were still traveling between counties months later. Both projects were highlighted in this newsletter four years ago when they began, so it seemed appropriate to give you a follow up report as to their whereabouts.

It wasn't until October, 2022, that the Bicentennial Quilt was placed on long-term exhibition at the Missouri Quilt Museum in Hamilton, Mo., northeast of Kansas City. This project was initiated by the State Historical Society of Missouri, Missouri Star Quilt Company and the Missouri State Quilters Guild, who teamed up to find quilters for each quilt block. Some GFWC Clubs took up the challenge of representing their county by creating a 6.5 x 6.5-inch quilt block and submitting it to the judges. At the dedication, Beth Pike, SHSMO Assistant Director of Education Outreach spoke: "The quilt has brought Missourians together to tell a story of who we are and how we see ourselves and others across the state."

Unlike the quilt, the Bicentennial Mural was a grass-roots project, started by two artists in Cape Girardeau, Barb Bailey and Aaron Horrell. The mural itself was collectively created by 16,116 people at events throughout the state and was permanently installed on June 23, 2022, in the Harry S Truman State Office Building in Jefferson City. The 12-foot tall, 30-foot wide mural stands prominently in Harry's Place Cafeteria on the fourth floor. Horrell and Bailey traveled across the state for more than two years, visiting 358 Missouri towns so that local people could paint a triangle on the mural. The oldest painter was 102 years old and the youngest painter, who had help from family, was 12 days old. After its completion in 2021, the artists donated the mural to the state, but deciding on a home for it took a while longer. The artists said they were grateful that there was so much support for a statewide community art project. The mural broke the Guinness World Record for number of people working on a painting. Were you one of them?



Carolyn Bach
GFWC MO Arts and Culture Chairman

COMMUNICATIONS/PUBLIC RELATIONS COMMUNICATING AIDS MEMBER RETENTION

Have you ever received a call or note from a friend just at the moment you needed it? You can be the GFWC sister who reaches out. It only takes a few minutes to brighten someone's day. And you may learn that the member you contacted could really use some assistance.

Probably, all of us can remember a time when a member missed a couple of meetings in a row and we found out later that she had lost a family member, was seriously ill or had surgery or went through some other life crisis. We all regret that we had done nothing to comfort or help her. It is the responsibility of all club members to let the President and/or the Corresponding Secretary know about their friend, not just assume that they already know. Reach out in whatever way is best for that person – phone call, card, email, text – before they think no one cares and they feel disconnected and unimportant. And if you are the member in crisis, contact your club president and let her know how much can be shared with others. The feelings of belonging and being cared about are an added benefit -- a strong reason for being a part of any organization.

The closeness binding members together also grows as informal conversations take place. Providing opportunities for members to chat with each other can contribute to that closeness. Opportunities could include encouraging members to come early on meeting day; engaging in social activities like a coffee, or trip to a museum; hands-on projects like picking up litter along local streets or putting together hygiene kits for the local domestic violence shelter; inviting members to go to a local restaurant after working on a project.

Always be aware of opportunities to encourage members to interact with each other so that the bonds among them become continually stronger. Remember the importance of informal communication. It can be more impactful than formal communication in creating closeness among members, creating true friendships – and who wants to leave their friends!

Marilyn Stone & Barb Phillips
GFWC Missouri Communications/Public Relations Co-Chairs



GFWC MEMBERSHIP FALL RECRUITMENT REPORTS

Great news – 949 new members were reported to GFWC last fall. Clubs that reported three or more new members will be listed in the Clubwoman Magazine in an upcoming edition. The GFWC Woman’s Club of Ste. Genevieve reported six, the GFWC Platte City Study Club reported four, and the GFWC Chautauqua Club of Clarksville reported two. Way to sparkle ladies! Missouri probably had more that were not reported. Please continue to report your new members to our state membership chairman, Sandie Neal, President-Elect and to GFWC headquarters.



GFWC Woman’s Club of Ste. Genevieve pinned two new members, Josie Roth and Margie Hogenmiller, with Mo State pins.

Judy Gustafson
GFWC Membership Committee

GFWC MISSOURI ENVIRONMENT

Spring is almost in the air! Until then, here are three things you can do to help our feathered friends through the last weeks of winter.

1. Provide High Fat Foods: high calorie and high fat foods help to keep birds warm. Try oil sunflower seeds, suet, and peanuts.
2. Provide water: Check to make sure water sources are not frozen. Try a heater or heated birdbath.
3. Provide shelter: Roosting boxes or natural plant covers can help birds stay protected from cold weather and predators. Clean out old nests from houses to decrease any parasites from surviving and harming the birds.

As we transition into spring, begin thinking about contributing to a community garden. Here are volunteering ideas that can keep your club busy.

1. Pre-order seeds, bulbs, and plants for spring.
2. Design a new garden bed, path or feature.
3. Organize tools, shed or garage storage.
4. Sharpen and oil tools.
5. Check stored bulbs and tubers for mold and moisture.
6. Mulch plants heavily.
7. Wrap containers with bubble wrap.
8. Sow seeds in milk jugs.
9. Plant an indoor herb garden.
10. Make a DIY project for your garden like a garden trellis ladder or garden art.

An activity you can share with other club's is to hold a SEED SWAP!

Earth Day is April 22nd, what is your club planning to do? Drop me a line and send your club pictures to prjk95@gmail.com so I can share your accomplishments with our GFWC sisters.

Looking forward to seeing you at our State Convention in Cape Girardeau in April!

Rosemary Douglas
GFWC Missouri Environment Chair

"MGT"

An acrostic poem by an MGT resident

Support & Encouragement

Many of us that reside here have heightened needs. Supportive and encouraging employees help us meet halfway to resolve those needs appropriately.

Opportunities & Independence

Great opportunities are given to be responsible and to learn to be independent when we grow up..

Therapists & Staff

Therapists and staff work with us to improve and become better people.



GFWC CREVE COEUR WOMEN'S CLUB
PREPARING VALENTINE BAGS
FOR THE GIRLS AT
MISSOURI GIRLS TOWN



MissouriGirlsTown.org



@MissouriGirlsTown



@missourigirlstown739



MISSOURI GIRLS TOWN

Where Caring Counts

GFWC Missouri LEADS 2023

GFWC Missouri LEADS will be held at the 2023 GFWC Missouri Annual Convention on Friday, April 21, and Saturday, April 22, from 8:00-9:15 am both mornings. Past LEADS graduates, state chairmen, and executive committee members will present this year's content session.

Each segment will be 10-15 minutes long, with handouts provided and interaction built into each segment. We have tried to choose various topics that interest many of our members. We hope you will attend to learn and grow your leadership skills. We are all leaders in so many ways.

Friday, April 21, 8:00-9:15

Welcome & Introduction – Susan Gettys

History of GFWC & Governance – Kathy Palermo

Running a Successful Meeting – Joan Beard

Effective Communication through Email – Barb Phillips & Marilyn Stone

Using Your Club's Facebook Page Effectively – Cindy McEvoy

Saturday, April 22, 8:00-9:15

Coaching Upcoming Leaders & the Importance of a Succession Plan – Rosemary Douglas

Giving & Receiving Feedback – Sandie Neal

Conflict Resolution – Debbie Kirchner

Time Management – Tami White

Why Know Your Club Bylaws? – Susan Gettys

Wrap-up & Evaluation

CONVENTION DELEGATES

Each club is allowed two voting delegates to an Annual State Convention. Representation increases for clubs with more than 20 members. Those clubs are allowed an additional voting delegate for each additional 10-member increment. (For example, a club with 34 members is allowed four voting delegates.) A club can send an unlimited number of nonvoting members.

In addition, each member serving on the GFWC of Missouri Board of Directors is a voting delegate to a convention. These members do not affect a club's count for allowed voting delegates.

GFWC MO 4TH DISTRICT MEMBER SPOTLIGHT

Carolyn Shaw has been a member of GFWC Heir Study Club for over 40 years. She has served as Vice President and President. Carolyn has served as the district Sophomore Pilgrimage chair for six years. She has attended three state conventions. Carolyn is a very welcoming and caring person who is always willing to help with any task big or small. This GFWC Heir Study Club member is the first one to encourage our club members to do more in our community and out of our community. Lastly, she makes sure all of our paperwork is update and in time.



REMEMBER THE DATES

**GFWC MISSOURI STATE CONVENTION
APRIL 20-23
DRURY PLAZA CONVENTION CENTER
CAPE GIRARDEAU**

ROOMS ARE AVAILABLE TO BOOK IN THE BLOCK NOW. ROOM RATES ARE \$114.00 PLUS TAX. WE HAVE 30 ROOMS EACH NIGHT IN OUR BLOCK. THE OHIO VALLEY CONFERENCE HAS A GOLF TOURNEY THE SAME WEEKEND AS WE ARE THERE. PLEASE DON'T WAIT UNTIL THE LAST MINUTE. CALL: 1-800-325-0720 GROUP NUMBER: 2452363
PLEASE CONTACT AMY IF YOU HAVE ANY ISSUES.

**GFWC MISSISSIPPI VALLEY REGION
FALL CONFERENCE
SEPTEMBER 14-17, 2023
STONE CASTLE INN
BRANSON, MO**

**GFWC INTERNATIONAL CONVENTION
JUNE 10-12
MARIOTT DOWNTOWN LOUISVILLE, KY**

2023 GFWC of Missouri Annual Convention

Proposed Amendments to the GFWC of Missouri, Inc. Bylaws

ARTICLE II: DUES AND FINANCE

CURRENT

Section 6(a). Phoebe Jane Ess Loan Fund

Amend by striking "Loan" and inserting "Education".

AMENDED WOULD READ

Section 6(a). Phoebe Jane Ess Education Fund

Rationale: To update and conform with the GFWC of Missouri Fund for Charity and Education Bylaws.

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ARTICLE V: OFFICERS

Section 5(f) – Treasurer Duties

CURRENT

6. To prepare a Credential Committee report, three copies per District; one to be retained by the Treasurer, one to be sent to the Chairman of the Committee on Elections, and one to be sent to the District representative on the Committee on Elections. In addition, the Treasurer shall furnish a copy of said Credential Committee report to each member of the Executive Committee.

7. To direct the registration of the voting body at the Annual Convention.

8. To furnish the Committee on Elections a list of those entitled to vote in the Election.

Amend by striking Subsection 6 in its entirety and renumbering remaining subsections in Section 5(f).

Rationale: To update since election procedures no longer involve voting in line by district, and Subsection 8 sufficiently fulfills the Treasurer's duty in providing voting information required by the Committee on Elections.

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ARTICLE VIII: EXECUTIVE COMMITTEE

Section 2 – Duties

CURRENT

Section 2(g). To fill vacancies occurring between Conventions on the Board of Directors of the Missouri Girls Town Foundation, Inc.

Amend by striking Subsection (g) in its entirety.

Rationale: To update since GFWC of Missouri Inc. no longer elects the directors.

Proposed Amendment to the GFWC of Missouri Fund for Charity & Education Bylaws

ARTICLE III: OBJECT

CURRENT

Section 4. Scholarship loans to girls and women who can establish a need for such a loan.

Amend by striking "Scholarship loans to girls and women" and inserting "Interest-free loans for female students".

AMENDED WOULD READ

Section 4. Interest-free loans for female students who can establish a need for such a loan.

Rationale: To clarify.

ADVOCATES FOR CHILDREN

WAHOO!

A big shoutout to all GFWC Women of Missouri for your participation in Operation Christmas Child. These gifts are such a blessing to children who have both physical and spiritual needs. Letting a child know that they are loved is one of the biggest blessings of life! Also, thanks to all your generous donations to Wagons of Hope Campaign over \$5,000 thus far and counting! You are all truly advocates for children.

My heart is truly full.

For The Love of Children
Pam Carr, Advocates for Children Chairman

SOPHOMORE PILGRIMAGE 2023

The 88th Annual Sophomore Pilgrimage will be held April 11 in Jefferson City. Registration information was mailed to all District Sophomore Pilgrimage Chairmen in January for distribution in their districts. Please pay attention to the deadlines listed below and make sure you return all information by those deadlines.

March 1, 2023 - Date to have names of students and registration payment returned to District Chairmen

March 15, 2023 – Date for District Chairmen to mail list of students and one check for all registrations/reservations in their district to Dr. Susan Gettys, Registration Chair.

Judy Gustafson and Diane Miller
Sophomore Pilgrimage Co-Chairmen



PHOEBE JANE ESS LOANS

The Missouri Federation of Women's Clubs established the availability of a student loan in 1909. The loan is named after Phoebe Jane Ess who began her club work in 1882, helped organize the Kansas City Athenaeum in 1894 and originated the college loan fund in 1907 before turning it over to the Missouri Federation in 1909.

This loan is available to any Missouri female student wanting to continue their education. The applicant must have graduated from a Missouri high school, completed her GED after attending a Missouri high school or was home schooled. She must also attend a college or university within Missouri. The loan can be approved up to \$2,500.00 per applicant.

This loan is interest free and paid to the college or university in two installments covering \$1,250.00 per semester.

The student is not required to start paying off the loan until after graduation.

Since the state conference last year, 2 loans have been paid off and we currently have 6 loans that are outstanding. Those students have or are attending Missouri Valley College, Columbia College, Cox College, UMKC, and the University of Missouri.

For more information or an application for a student wishing to obtain a Phoebe Jane Ess loan please contact Karen Kleinberg, Phoebe Jane Ess Chairman at kdkleinberg@yahoo.com

Karen Kleinberg
Phoebe Jane Ess Chairman



On Feb. 27, GFWC Mina Sauk Club members filled 30 bags with snacks and treats to be included with "Meals on Wheels" through the Signer Senior Center Service. The Snack Bags are designed to cover the weekend days or to supplement the senior's meals through the week. This program is an expansion of the club's "Food for Friends" Project which seeks to provide meals for those in need in the community.



Once a month GFWC Tuesday Club of Columbia packs lunches for the Ronald McDonald House of Mid-Missouri's 'Lunch on the House' program. When the house in Columbia was sold prior to building a new house, one of the members arranged for the program to continue at the American Legion Hall.



GFWC California Women's Club meets regularly. Some members volunteer with other community members and create Quilts of Valor.





**OFFICIAL CALL TO 2023 128TH ANNUAL CONVENTION OF GFWC OF MISSOURI, INC.
 DRURY CONVENTION CENTER, 3351 PERCY DRIVE, CAPE GIRARDEAU, MO 63701
 1-800-325-0720; GROUP NUMBER 2452363
 APRIL 20, 2023-APRIL 23, 2023**

March 23 Room Reservation Deadline: To receive the negotiated group rate of \$114 for Room with 2 Queen Beds

Or Room with 1 King Bed plus tax please identify yourself as a General Federation of Women's club member.

After March 23, our block of room will be released to the general public so please make your reservations ASAP.

April 10th Convention Registration Deadline: This registration form can also be found on our website at www.gfwcmo.org.

REGISTRATION FORM (One Form Per Attendee)

Name: _____ Phone: _____

Address: _____ Email: _____

Title: _____ Club: _____ District: _____

Under title, please write GFWC of MO Board Member, district officer, club president, club member, booster/guest.

Voting Delegates—Please check one: Voting as a State Board Member _____
 Voting Delegate for My Club _____

This is my first GFWC MO Conference/Convention Yes ___ No ___

I am a 50+ year member of GFWC. Yes ___ No ___

I plan to attend the free 6-8 Social on Thursday, April 20. Yes ___ No ___

I plan to attend the free 8:00-9:15 a.m. LEADS Workshop, April 21-22 Yes ___ No ___

Registration Fee for all Members (No Fee for Guests) \$25 _____

Friday, April 21 (Continental Breakfast) _____

Friday, April 21 ESO Luncheon _____

Citrus Herb Grilled Chicken club, Fruit Salad, Potato Soup, and Cookies \$19 _____

Friday, April 21 Banquet (Bourbon Braised Beef Tips) \$29 _____

Saturday, April 22 (Continental Breakfast) Free _____

Saturday, April 22 Luncheon (BYO Burger) \$19 _____

Saturday, April 22 Banquet (Pork Tenderloin) \$29 _____

Sunday, April 23 (Continental Breakfast) Free _____

*Convention Sponsor (Optional): _____

List dietary restrictions: _____

***OPTIONAL CONVENTION SPONSOR:** To help defray convention expenses, you may choose to pay the additional amount marked below to be a convention sponsor. If registration is received by April 10th deadline, your name will be printed in the program. If you wish, please mark one below and add that amount to the total payment above.

Mardi Gras Beads--\$10 _____ Mardi Gras Parade _____ Mardi Gras Queen _____

April 10th Deadline: Please make check payable to GFWC of Missouri, Inc. and mail with this registration form to Donna Calvin, GFWC MO treasurer, 5318 W 141st Terrace, Leawood, KS 6224. Donna's email is DonnaCalvin20@aol.com; her phone is 913-766-5223.

Free LEADS Workshop, April 21 and 22: 8:00 -9:15 a.m.

April 21: GFWC MO History & Structure, Running a Successful Meeting, Effective Communication Through Email, and Using Your Club's Facebook Page Effectively

April 22: Coaching Upcoming Leaders and the Importance of a Succession Plan, Giving and Receiving Feedback, Conflict Resolution, Time Management, and Why Know Your Club Bylaws

What Should I Bring to Convention? Ideas from which to choose:

Aluminum pull tabs and old keys for the Ronald McDonald House

Jewelry - necklaces, rings, bracelets, broken, missing earring, for Monarch Jewelry (Crisis International)

Books for the ESO Book Sale

Items for Missouri Girls Town – Sanitary Napkins and Panty Liners/Gift Cards for RAP

Items for Silent Auction – Districts please bring a basket or item, members' items welcome

Rocking and Rolling on the Mississippi

Tentative Agenda

(Business Casual for Daytime Sessions and Business Dressy for Banquets)

Thursday, April 20:

1:00-6:00 p.m. GFWC of MO Executive Committee Meeting

6:00-6:30 p.m. Snack Social/Registration

6:30-8:00 p.m. Murder Mystery Game

Friday, April 21:

7:00-10:00 a.m. Continental Breakfast

8:00-9:15 a.m. Registration – Lobby outside of Cape Rock Ballroom

LEADS Workshop Cape Rock Ballroom

Enter photos in Photography Contest

Browse Displays & Fundraising Tables

9:30 a.m. GFWC of Missouri Board of Directors Meeting Cape Rock Ballroom

Introductions, Minutes, Treasurer's Report

10:00 a.m. Opening of the 128th Annual Convention of GFWC of Missouri Cape Rock Ballroom

Missouri Girls Town Update and Awards: Deanna Barger and Bonnie Tillman

Monarch Jewelry Display

Noon ESO Luncheon Dogwood Ballroom – Speaker, Dr. Joel Rhodes, Author

Awards – ESO – Lisa Cook; Writing – Mary Sue McKay

1:30 p.m. General Session Resumes Cape Rock Ballroom

Awards Presentations, District President Reports

Italy Zapata: SEMO Social Work Scholarship Recipient

5:00 p.m. GFWC Show Me State Presidents Club

6:15 p.m. State Officers Line Up for Processional Outside Redhawk Ballroom

6:30 p.m. Rolling on the River Banquet Redhawk Ballroom

Saturday, April 22:

- 7:00-10:00 a.m. Continental Breakfast
- 8:00-9:15 a.m. Registration Continues in Lobby Outside of Cape Rock Ballroom
LEADS Workshop Cape Rock Ballroom
Browse displays & Fundraising Tables
- 9:30 a.m. General Session Resumes Cape Rock Ballroom
Awards Presentations, District President Reports
St. Jude Speakers: Michelle and Reid Russell
- Noon Luncheon
- 1:15 p.m. General Session Resumes Cape Rock Ballroom
Speaker: Dr. Steve Hoffman, SEMO Center of Regional History
Photography Awards – DeAnna Fritsche
Interactive Membership Activity
Introduction of 2023 LEADS Candidate – Joan Beard
Award Presentations, District President Reports
- 6:15 p.m. Past State Presidents/Current Executive Committee Line up for Processional outside
Cape Rock Ballroom
- 6:30 p.m. Rocking on the River Banquet Redhawk Ballroom

Sunday, April 23

- 7:00-10:00 a.m. Continental Breakfast

WHAT TO SEE AND DO IN CAPE GIRARDEAU

GOLF COURSES

The Tee House Complex	2901 Hawthorne Road	573-332-0860
Bent Creek Golf Course	2200 Bent Creek Drive; Jackson	573-243-6060
Cape Jaycee Municipal Golf	3280 Perryville Road	573-334-2031

THINGS TO SEE

Trail of Tears State Park	
Old Mississippi River Bridge Scenic Overlook and Park	
Cape Rock Scenic Overlook	
Capaha Rose Garden	1400 Broadway

MUSEUMS

Bollinger Mill State Historic Site	113 Bollinger Mill Road; Burfordville
Cape River Heritage Museum	538 Independence; Cape
Glenn House	325 South Spanish Street; Cape
Crisp Museum	518 South Fountain Street; Cape
Red House Interpretive Center	128 South Main Street; Cape
Old St. Vincent's Church	131 South Main Street; Cape

MURALS

Missouri Wall of Fame	Independence at Water Street
Mississippi River Tales	Broadway at Water Street
Inland Waterways Mural	518 South Fountain Street
Southeast Missourian	301 Broadway
Bicentennial	Broadway at Fountain Street
Jake Wells University	1 University Plaza in Kent Library

DOWNTOWN CAPE

This area has many antique shops and boutiques for you to browse and shop.

DRIVING TOURS

Civil War History
Gone Girl
Rush Limbaugh
African American History

RESTAURANTS

Broussard's Cajun Cuisine	114 N. Main	573-334-7235
B.G.'s Olde Tyme Deli	205 South Plaza Way	573-335-8860
Port Cape	19 North Water Street	573-334-0954
Mary Jane Bourbon & Smokehouse	1107 Broadway	573-334-6279
Minglewood Brewery	121 Broadway	573-803-0524
36 Restaurant and Bar	36 North Main	573-803-2333
Top of the Marq	338 Broadway	573-334-6277
Katy O'Ferrell's Publick House	300 Broadway	573-803-2896

YEARBOOK CORRECTIONS

HEALTH AND WELLNESS CHAIRMAN:

Shirley Ross

25 Ussery Dr.

Lexington, MO 64067

660-232-2999

Sr3nr@embarqmail.com